

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Resident Birthdays Paula 2/1 Marilyn 2/10 Cynthia 2/11 Myrna 2/17 Shirley 2/17 Cookie 2/20 Sharon 2/28	Tech 101: Need some assistance with phones or laptops? Tech 101 classes scheduled as needed!	Associate Birthdays Maria A 2/4 Gio 2/5 Shynell 2/6 Annabel 2/14 Alejandro 2/24 Rene 2/26		Current Event Class Check our Saturday daily for current events at 2:00pm with Robin!		Stock & Shop CVS & Ralphs 9:00 Walk and Reward: Juice Crafters 9:30 Men's Walk 10:00 Fun Fitness: Wii Bowling 10:30 Trivia Pursuit 1:00 GC: Not All Poets Rhyme & From the Looks of Things 2:00 Musical Movement 3:15 Bingo 6:30 Saturday Night at the Movies
Stock & Shop Outing: Trader Joes 9:30 Step it Up Walking Group 10:00 Group Crossword Challenge 11:00 Moving Meditation 1:00 Watercolors w/ Cici 1:15 Movie Matinee 1:30 Mah Jong 2:15 Tedtalk: How Emotions Change the Shape of Your Heart 3:30 Fundamentals of Improv w/ David 6:30 Sunday Doc Series	Stock & Shop Outing: Pavilions 9:30 Clark Street Walking Club 9:45 Meditation & Mindfulness 10:00 Brain HQ: Heart Healthy Facts and Fiction 11:00 Horse Races 1:00 Rest and Restore Yoga 2:00 Let's Chat w/ Dr. Nouri 3:15 Bingo 4:30 Afternoon Walk 6:00 Book Club 6:30 Musical Movies Mondays	9:30 Inter-generational Connection: Seniors to Tots 9: 45 Watermark Walking Warriors 10:45 Nichole's Balance Bootcamp 11:30 LACMA Museum Outing 1:00 African American Inventors and their Creations 1:00 Canasta in the Living Room 2:00 Musical Muscle Movement 3:00 Women in Lit w/ Resa 6:30 Timeless Classics Tuesday	9:30 Watermark Walking Warriors 10:00 What Washington isn't Telling Us 10:30 Butterfly Garden 12:00 Avra Lunch Outing 1:00 Dr. Epstein at the Piano 1:15 African American Poets: Maya Angelou 2:00 Circuit Training: Weight Training and Muscle Toning 3:15 Bingo 6:00 Casino Royal: Black Jack 6:30 Contemporary Classic Film	9:45 We've Got Sole Walking 10:00 Group Crossword Challenge 11:00 The Beautiful Islands of Malta: A Cultural Exploration 1:00 Rest & Restore Yoga 1:30 Casino Royal: Black Jack 2:30 Community Life Meeting 3:30 Live Entertainment Maximo 6:00 Casino Royal: Poker Players 6:30 Thursday Award Winning Series	9:30 Step It Up Walking Club 10:00 Ohm Morning Meditation 10:30 Getting Physical w/ Melissa 1:00 Malta Folklore: Isle of Calypso and Homer's Odyssey 2:00 Zumba 3:00 Legends of Love: Tristan and Isolde 3:45 Karaoke 4:30 Shabbat 7:30 Save-A-Heart Opera	Stock & Shop CVS & Ralphs 9:00 Walk and Reward: Juice Crafters 9:30 Men's Walk 10:00 Fun Fitness: Wii Bowling 10:30 Trivia Pursuit 1:00 GC: The Banjo: An African Gift to American Music 2:00 Musical Movement 3:15 Bingo 6:30 Saturday Night at the Movies
Stock & Shop Outing: Trader Joes 9:30 Step it Up Walking Group 10:00 Group Crossword Challenge 11:00 Moving Meditation 1:00 Water Colors with Cici 1:30 Mah Jong 2:00 Movie Matinee 2:30 Afternoon Relaxation Yoga Studio 3:00 Tedtalk: Growing New Organs 3:30 Abstract: The Art of Design 6:30 Oscar Night at the Watermark	Stock & Shop Outing: Target 9:30 Clark Street Walking Club 9:45 Meditation & Mindfulness 10:00 Brain HQ: 11:00 Horse Races 1:00 Rest and Restore Yoga 2:00 Famous Composers and Their Works (Multipurpose Room) 3:15 Bingo 6:00 Book Club 6:30 Musical Movies Mondays	9:30 Inter-generational Connection: Seniors to Tots 9: 45 Watermark Walking Warriors 10:45 Nichole's Balance Bootcamp 11:45 AMC Movie Outing 1:00 Abbyville: Artist Exploration 1:00 Canasta in the Living Room 2:00 Musical Muscle Movement 3:00 Creative Writing 3:15 Robert Hayden: The 1st African American Poet Laureate 6:30 Timeless Classics Tuesday	9:30 Watermark Walking Warriors 10:00 What Washington isn't Telling Us 10:30 Tend the Soil 12:00 MOCA Museum Outing 1:00 Dr. Epstein at the Piano 1:15 African American Poets: Langston Hughes 2:00 Circuit Training: Weight Training and Muscle Toning 3:15 Bingo 6:00 Casino Royal Black Jack 6:30 Contemporary Classic Film	9:45 We've Got Sole Walking 10:00 Group Crossword Challenge 11:00 Historical Trivia in the Living Room 1:00 Rest & Restore Yoga 1:30 Casino Royal: Black Jack 2:00 Cultural Highlight: Joseph Calleia 3:30 Live Entertainment: Ash Brothers 6:00 Casino Royal: Poker Players 6:30 Thursday Award Winning Series	9:30 Step It Up Walking Club 10:00 Ohm Morning Meditation 10:30 Getting Physical w/ Melissa 2:00 Zumba 3:00 Legends of Love: Cleopatra and Mark Antony 3:45 Love Song Karaoke 4:30 Shabbat 4:30 Red Wine Sweethearts Dinner 6:30 Fun Feature Friday	Stock & Shop CVS & Ralphs 9:00 Walk and Reward: Juice Crafters 9:30 Men's Walk 10:00 Fun Fitness: Wii Bowling 10:30 Creative Arts Through Cultural Mediums 1:00 Poetic Voices 2:00 Musical Movement 3:15 Bingo 6:30 Saturday Night at the Movies
Stock & Shop Outing: Trader Joes 9:30 Step it Up Walking Group 10:00 Group Crossword Challenge 11:00 Moving Meditation 1:00 Until the Flood Play Outing at the Kirk Douglas Theatre 1:30 Mah Jong 2:00 Movie Matinee 3:30 Abstract: The Art of Design 6:30 Sunday Doc Series	Stock & Shop Outing: Pavilions 9:30 Clark Street Walking Club 9:45 Meditation & Mindfulness 10:00 Brain HQ: Presidents Past and Present 11:00 Horse Races 1:00 Rest and Restore Yoga 2:00 Let's Chat w/ Dr. Nouri 3:15 Bingo 4:30 Afternoon Walk 6:00 Book Club 6:30 Musical Movies Mondays	9:30 Inter-generational Connection: Seniors to Tots 9: 45 Watermark Walking Warriors 10:45 Nichole's Balance Bootcamp 11:30 Skirball Outing 1:00 African American Inventors and their Creations 1:00 Canasta in the Living Room 2:00 Musical Muscle Movement 3:00 Women in Lit w/ Resa 6:30 Timeless Classics Tuesday	9:30 Watermark Walking Warriors 10:00 What Washington isn't Telling Us 10:30 Heavy Knitters- Knit for a Cause 12:00 AMC Movie Outing 1:00 Dr. Epstein at the Piano 1:15 African American Authors of Note: Octavia E. Butler 2:00 Circuit Training: Weight Training 3:15 Bingo 6:00 Casino Royal Black Jack 6:30 Contemporary Classic Film	9:45 We've Got Sole Walking 10:00 Group Crossword Challenge 11:00 The Beautiful Islands of Malta: A Cultural Exploration 1:00 Rest & Restore Yoga 1:30 Casino Royal: Black Jack 2:00 Food Committee Meeting 3:00 Live Entertainment: Mark Cole 6:00 Casino Royal: Poker Players 6:30 Thursday Award Winning Series	9:30 Step It Up Walking Club 10:00 Ohm Morning Meditation 10:30 Getting Physical w/ Melissa 1:00 Love Poems of African American Authors 2:00 Zumba 3:00 Legends of Love: Father Earth and Mother Sky 3:45 Love Song Karaoke 4:30 Shabbat 6:30 Fun Feature Friday	Stock & Shop CVS & Ralphs 9:00 Walk and Reward: Juice Crafters 9:30 Men's Walk 10:00 Fun Fitness: Wii Bowling 10:30 Creative Arts Through Cultural Mediums 1:00 Frankenstein at the Wallis 2:00 Musical Movement 3:15 Bingo 6:30 Saturday Night at the Movies
Stock & Shop Outing: Trader Joes 9:30 Step it Up Walking Group 10:00 Group Crossword Challenge 11:00 Moving Meditation 1:00 Water Colors with Cici 1:30 Mah Jong 1:30 Movie Matinee 2:00 Afternoon Relaxation Yoga Studio w/ Cici 3:00 Scarf Painting w/ Rhea 6:30 Sunday Doc Series	Stock & Shop Outing: Target 9:30 Clark Street Walking Club 9:45 Meditation & Mindfulness 10:00 Brain HQ: 11:00 Horse Races 1:00 Rest and Restore Yoga 2:00 Famous Composers and Their Works (Living Room) 3:15 Bingo 6:00 Book Club 6:30 Musical Movies Mondays	Fat Tuesday 9:30 Inter-generational Connection: Seniors to Tots 9: 45 Watermark Walking Warriors 10:45 Nichole's Balance Bootcamp 11:45 Petersen Automotive Museum 1:00 Canasta 2:00 Resident Council 3:15 Creative Writing 3:15 Voodoo, Hoodoo & Creole Religions 6:00 Mardi Gras Chef's Table 6:30 Live Entertainment	9:30 Watermark Walking Warriors 10:00 What Washington isn't Telling Us 10:30 HEavy Knitters-Knit for a Cause 11:45 Griffith Park Observatory 1:00 Dr. Epstein at the Piano 1:15 Wellness Corner: Heart Health w/ Susan 2:15 Circuit Training: Weight Training 3:15 Bingo 6:00 Casino Royal Black Jack 6:30 Contemporary Classic Film	9:45 We've Got Sole Walking 10:00 Group Crossword Challenge 11:00 Historical Trivia in the Living Room 1:00 Rest & Restore Yoga 1:30 Casino Royal: Black Jack 2:00 MexPloation: The Untold History Of Afro-Mex 3:00 Live Entertainment: Mark Cole 6:00 Casino Royal: Poker Players 6:30 Thursday Award Winning Series	9:30 Step It Up Walking Club 10:00 Ohm Morning Meditation 10:30 Getting Physical w/ Melissa 1:00 Love Poems of African American Authors 2:00 Zumba 3:00 Legends of Love: Orpheus and Eurydice 3:45 Love Song Karaoke 4:30 Shabbat 4:30 Afternoon Walk 6:30 Fun Feature Friday	Stock & Shop CVS & Ralphs 9:00 Walk and Reward: Juice Crafters 9:30 Men's Walk 10:00 Fun Fitness: Wii Bowling 10:30 Trivia Pursuit 1:00 GC: Brass Bands, Powwows, and Folk Festivals 2:00 Musical Movement 3:15 Bingo 6:30 Saturday Night at the Movies
Interested in Volunteering? We partner with Cedar Sinai, Vista Del Mar and so many other opportunities! See Benny in Community Life or email at: anmedina@watermarkcommunities.com	Check Your Dailies for Updates and Changes to the Calendar	<h1 style="text-align: center;">FEBRUARY 2020</h1> <p style="text-align: center;"><i>Beverly Hills</i></p>		ACTIVITY LOCATOR KEY Multipurpose Room~ MPR Dining Room~ DR Private Dining Room~PDR Living Room~ LR Front Patio ~ FP 4th Floor Theatre~ 4th FL 5th Floor Game Room~ 5th FL Rooftop ~ RF	"If one is lucky, a solitary fantasy can totally transform one million realities." ~ Maya Angelou	