

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JANUARY RESIDENT BIRTHDAYS! HILDA G. 01/10 NELL W. 01/11 HARRIET M. 01/13 VOREN B. 01/16 VICTOR W. 01/18	JANUARY STAFF BIRTHDAYS! 01/03 ARACELI C. 01/06 ELIZABETH C. 01/12 JEANETTE S. 01/24 GILBERT H.	Happy New Year! 9:15 Walking Warrior Team 9:30 Intergenerational Connections: Tots to Seniors 10:45 Nichole's Balance Boot-camp 1:15 Biblical Hebrew: Learning a Sacred Language 2:15 Great Guitarists Stories and Styles 3:15 Investigating American Presidents 6:30 Timeless Tuesday Classics 1	11:00 LACMA Outing 9:15 Watermark Walking Club 10:00 What Washington Isn't Telling Us 1:00 Photography & Filmmaking: Documenting the World 2:00 Pub Trivia 3:15 Bingo 6:30 Contemporary Classic Films 6:30 Watermark Poker League 2	6:30 Come From Away Theater Outing 9:15 Step It Up Walking Club 9:45 Group Crossword Challenge 10:30 Women Of Excellence 1:00 Relax and Restore Yoga Studio 1:15 Casino Royale: Blackjack 2:30 Talmudic Law: Oral and Written 3:30 Live Entertainment 6:30 Thursday Award Winning Series 6:30 Watermark Bridge Club 3	Cynthia and Missy's Boutique 9:15 Clark Street Walking Club 9:45 Vocational Perspectives: Mentor and Engage through Written Advice 10:30 Getting Physical: Fitness Challenge 1:15 World Geography: Belgium 2:00 TED Talks: Personal Development 3:00 Modern Political Tradition 4:30 Shabbat with Brett 4 7:30 Opera DVD Series 4	Stock and Shop Outings 9:15 Walk and Reward: Starbucks 9:30 Will Sports and Fitness 10:30 Rene Magritte Inspired Surrealist Self Portrait Series 1:15 Influential Poets in American History 2:00 Meaning of Life: Perspectives from the World's Greatest Intellectual Traditions 3:15 Bingo 6:30 Saturday Night at the Movies 5
9:15 Step It Up Walking Club 9:45 Group Crossword Challenge 10:00 Spiritual Transportation 11:00 Moving Meditation: Mind & Body T'ai Chi 1:15 The Intersection of U.S. Politics & Film 1:30 Learn to Play American Mahjong 3:30 TED Talks: Ideas Worth Spreading 6:30 Sunday Documentaries 6	9:15 Clark Street Walking Club 10:15 Meditation and Guided Imagery 10:45 January Themed Brain HQ: "Think Faster, Focus Better" 1:00 Relax and Restore Yoga Studio 2:00 Watermark Theater Matinee 2:10 Music as a Mirror of History 3:20 Bingo 6:30 Musical Monday Movies 7	11:00 Los Angeles Fine Art Gallery Outing 9:15 Walking Warrior Team 9:30 Intergenerational Connections: Tots to Seniors 10:45 Nichole's Balance Boot-camp 1:15 Biblical Hebrew: Learning a Sacred Language 2:15 Great Guitarists Stories and Styles 3:15 Investigating American Presidents 6:30 Timeless Tuesday Classics 8	Happy Birthday Hilda G! 12:00 Shaky Alibi Lunch Outing 9:15 Watermark Walking Club 10:00 What Washington Isn't Telling Us 1:00 The Everyday Guide to Wine 2:00 Pub Trivia 3:15 Bingo 6:30 Contemporary Classic Films 6:30 Watermark Poker League 9	Happy Birthday Nell! Bittersweet Chocolate Day 9:15 Step It Up Walking Club 9:45 Group Crossword Challenge 10:30 Positive Psychology Chakras 1:00 Relax and Restore Yoga Studio 2:15 Casino Royale: Blackjack 3:30 Bittersweet Belgian Chocolates and Hot Cocoa Happy Hour! 6:30 Thursday Award Winning Series 6:30 Watermark Bridge Club 10	9:15 Clark Street Walking Club 9:45 Vocational Perspectives: Mentor and Engage through Written Advice 10:30 Getting Physical: Fitness Challenge 1:15 Peter Paul Rubens Art Expose 2:00 Daily News & Views 3:00 Modern Political Tradition 4:30 Shabbat with Janet 6:30 Fun Friday Features 11	Stock and Shop Outings Happy Birthday Harriet M! 9:15 Walk and Reward: Juice Crafters 9:30 Wii Sports & Virtual Fitness 10:30 Rene Magritte Inspired Surrealist Self Portrait Series 1:15 Poetic Voices with Jenny Li 2:00 The Philosophy of Humor 3:15 Bingo 6:30 Saturday Night at the Movies 12
9:15 Step It Up Walking Club 9:45 Group Crossword Challenge 10:00 Spiritual Transportation 10:30 Moving Meditation: Qi'Gong 1:15 The Intersection of U.S. Politics & Film 3:30 Creative Design Elements 6:30 Sunday Documentaries 13	9:15 Clark Street Walking Club 10:15 Meditation and Guided Imagery 10:45 MLK Themed Brain HQ: "Think Faster, Focus Better" 1:00 Relax and Restore Yoga Studio 2:00 Famous Composers and Their Works: Franz Liszt 3:15 Bingo 6:30 Musical Monday Movies 14	Happy Birthday Voren! 1:30 Landmark Theater Outing 9:15 Walking Warrior Team 9:30 Intergenerational Connections: Tots to Seniors 10:45 Nichole's Balance Boot-camp 1:15 Biblical Hebrew: Learning a Sacred Language 2:15 Great Guitarists Stories and Styles 3:15 Investigating American Presidents 6:30 Timeless Tuesday Classics 15	11:45 The MET Opera at AMC 9:15 Watermark Walking Club 10:00 What Washington Isn't Telling Us 1:00 Photography & Filmmaking: Documenting the World 2:00 Pub Trivia 3:15 Bingo 6:30 Contemporary Classic Films 6:30 Watermark Poker League 16	Happy Birthday Victor! 9:15 Step It Up Walking Club 9:45 Group Crossword Challenge 10:30 Women of Excellence 1:00 Relax and Restore Yoga Studio 1:15 Casino Royale: Blackjack 2:30 Talmudic Law: Oral and Written 3:30 Special Piping Tutorial 6:30 Thursday Award Winning Series 6:30 Watermark Bridge Club 17	9:15 Clark Street Walking Club 9:45 Vocational Perspectives: Mentor and Engage through Written Advice 10:30 Getting Physical: Fitness Challenge 1:15 World Geography: Belgium 2:00 TED Talks: Personal Development 3:00 Modern Political Tradition 4:30 Shabbat with Brett 6:30 Fun Friday Features 18	Stock and Shop Outings 9:15 Walk and Reward: Coffee Bean 9:30 Wii Sports & Virtual Fitness 10:30 Rene Magritte Inspired Surrealist Self Portrait Series 1:15 Important Philosophers and Works 2:00 Meaning of Life: Perspectives from the World's Greatest Intellectual Traditions 3:15 Bingo 6:30 Saturday Night at the Movies 19
9:15 Step It Up Walking Club 9:45 Group Crossword Challenge 10:00 Spiritual Transportation 11:00 Belgian Chocolate Brunch 11:00 Moving Meditation: T'ai Chi 1:15 The Intersection of U.S. Politics & Film 1:30 Learn to Play American Mahjong 2:00 All That Jazz 3:30 Recipes and Relations 6:30 Sunday Documentaries 20	Tu B'Shvat Martin Luther King Day 9:15 Clark Street Walking Club 10:15 Meditation and Guided Imagery 10:45 Tu B'Shvat Themed Brain HQ: "Think Faster, Focus Better" 1:00 Relax and Restore Yoga Studio 2:00 Watermark Theater Matinee 2:10 Share a Vision—Martin Luther King's Dream 3:20 Bingo 6:30 Musical Monday Movies 21	11:00 Fowler Museum Outing 9:15 Walking Warrior Team 9:30 Intergenerational Connections: Tots to Seniors 10:45 Nichole's Balance Boot-camp 1:15 Biblical Hebrew: Learning a Sacred Language 2:15 Great Guitarists Stories and Styles 3:15 Investigating American Presidents 6:30 Timeless Tuesday Classics 22	National Pie Day 11:00 Bergamot Station Outing 9:15 Watermark Walking Club 10:00 What Washington Isn't Telling Us 1:00 The Everyday Guide to Wine 2:00 Pub Trivia 3:15 Bingo 6:30 Contemporary Classic Films 6:30 Watermark Poker League 23	9:15 Step It Up Walking Club 9:45 Group Crossword Challenge 10:30 Positive Psychology Chakras Part II 1:00 Relax and Restore Yoga Studio 1:15 Casino Royale: Blackjack 2:30 Food Committee Meeting 3:30 Live Entertainment 6:30 Thursday Award Winning Series 6:30 Watermark Bridge Club 24	9:15 Clark Street Walking Club 9:45 Vocational Perspectives: Mentor and Engage through Written Advice 10:30 Getting Physical: Fitness Challenge 1:15 TED Talks: Personal Development 2:00 Daily News & Views 3:00 Modern Political Tradition 4:30 Shabbat with Mitzi 6:30 Fun Friday Features 25	Stock and Shop Outings 9:15 Walk and Reward: Jamba Juice 9:30 Wii Sports & Virtual Fitness 10:30 Rene Magritte Inspired Surrealist Self Portrait Series 1:15 Influential Poets in American History 2:00 The Philosophy of Humor 3:15 Bingo 6:30 Saturday Night at the Movies 26
9:15 Step It Up Walking Club 9:45 Group Crossword Challenge 10:00 Spiritual Transportation 10:30 Moving Meditation: Qi'Gong 1:15 Opera Film Expose 1:30 Learn to Play American Mahjong 3:30 Theatrical Improvisation and Character Development 5:00 SAG Awards Red Carpet Extravaganza 27	9:15 Clark Street Walking Club 10:15 Meditation and Guided Imagery 10:45 Winter Themed Brain HQ: "Think Faster, Focus Better" 1:00 Relax and Restore Yoga Studio 2:00 Famous Composers and Their Works: Franz Liszt 3:20 Bingo 6:30 Musical Monday Movies 28	9:15 Walking Warrior Team 9:30 Intergenerational Connections: Tots to Seniors 10:45 Nichole's Balance Boot-camp 2:00 Resident Council Meeting 3:30 MEXploration: Mexican Culture & Traditions 6:30 Timeless Tuesday Classics 29	11:30 Pitchoun Lunch Outing 9:15 Watermark Walking Club 10:00 What Washington Isn't Telling Us 1:15 Wellness Corner 2:00 Pub Trivia 3:15 Bingo 6:30 Contemporary Classic Films 6:30 Watermark Poker League 30	9:15 Step It Up Walking Club 9:45 Group Crossword Challenge 10:30 Women of Excellence 1:00 Relax and Restore Yoga Studio 1:15 Casino Royale: Blackjack 2:30 Inspire Your Heart With Art 3:30 Live Entertainment 6:30 Thursday Award Winning Series 6:30 Watermark Bridge Club 31	If you are looking for ways to get involved inside or outside of the community, please reach out to Jessica at JKlascius@watermarkcommunities.com. Volunteer opportunities are available at our partner Temple (Temple Emanuel) and various schools and hospitals.	Watermark Committee Meetings Community Life Committee Meeting Last Week of Every Month Resident Council Meeting Last Tuesday of Every Month Food Committee Meeting Third Thursday of Every Month
*Activities are subject to change with or without notice. Please check the Dailies for an updated list of activities.	Technology 101 This is a one-on-one half hour class where any educational issues with your phone or computer can be taught by Jessica. Make an appointment with her for Tuesday or Thursday afternoons!	<h1 style="text-align: center;">JANUARY 2019</h1> <p style="text-align: center;"><i>Beverly Hills</i></p>		ACTIVITY LOCATOR KEY MPR - Multipurpose Room DR - Dining Room LR - Living Room PDR - Private Dining Room 2FL - 2nd Floor Fitness Room 4th - 4th Floor Theatre		